

Release Of Liability And Hold Harmless Agreement

I _____ legal parent / guardian of Adults self,
minor child

_____ Allow said minor to participate in activities at
MPT GYM, L.L.C. of Eagle River, Alaska I assume all risk and expense of any injuries
arising from these activities. Although equipment, rules, and personal discipline may
reduce risk of injury, disability or death, I knowingly understand that the activities
involved in the program can have the potential to cause permanent injury, disability or
death.

I assume this risk on behalf of my spouse, my child and myself. I freely assume risks
both known and unknown. I hold **MPT GYM, L.L.C.**, the owners and employees,
harmless for any injuries, disability or death caused by negligence or otherwise, to afore
mentioned minor child.

I understand and agree to comply with terms and conditions of program participation
(Gym Rules). I have disclosed, any and all, pertinent medical/mental health information
pertaining to afore mentioned minor child. I promise to submit in writing, any and all,
changes in afore mentioned minor child's physical / mental health. This includes
temporary fungal infections, but excludes '**common colds**'. Not responsible for
medicating students. If your child has a fever they are not to come to the gym for 24
hours. If this is not fallowed the student will be removed from the program with no
refund. (Think of others and not wanting to spread viruses!)

Parent/ guardian agrees to assume liability for, and to hold **MPT GYM, L.L.C.** Harmless
from all damages and all costs and fees in the defense there of, caused by the negligence
or willful acts of parent / guardian guests or invitees, and upon any part of the facility.

**I have read this Release of Liability and Hold Harmless agreement and I
understand the terms and conditions. By signing I freely and knowingly agree to
the terms and conditions set forth in this document.**

X _____ Date _____
(Parent/ Guardian Signature)

Printed Name: _____